



**MERIDIAN ANTI-DRUG COALITION**  
**STRENGTHENING OUR COMMUNITY**

**MINUTES:** Meridian Anti-Drug Coalition General Meeting  
 Meridian Police Department, Media Room or \*Zoom  
 1401 E Watertower St, Meridian, ID 83642  
 October 19, 2023 | 4:00-5:00PM

**18 ATTENDEES:** (14 In-person): Kendall Nagy, Hailey Blogg, Earl Scharff, Kati Chauvin, Terry Austin, Sydney Nate, Brenda Willson, Katie Rhodenbaugh, Libby Rehkemper, Susie Stertz, Anne Little Roberts, Robert Rodriguez, Wayne Sharp, Josh Keyser  
 (4 Via Zoom) Danielle Fanopoulos, Kelsey Winnett, Cheryl Mulvihill, Zachary Gonzalez

TIME	SPEAKER   AGENDA ITEMS	MINUTES
4:00	Kendall Nagy, Director: Welcome & Introductions   Additions to Agenda?	
4:05	<p>Hailey Blogg, Secretary: 9/21/23 General Meeting Minute Vote (sent out via email)   Recovery Day Celebration</p> <p>Red Ribbon Week</p> <p>Mt. View Volunteer (10/23)</p> <p>Oktober Fest</p> <p>Owyhee HS Presentation</p>	<p><b>Meeting Minutes Vote:</b> 1<sup>st</sup> - Earl, 2<sup>nd</sup> - Anne. All in Favor. September meeting minutes approved. <b>(Hailey)</b> <b>Recovery Day Breakfast</b> went great. There were 42 attendees, thank you to Cheryl for providing some extra food for the event, Terry for helping with serving the food, Anne for picking up the coffee, and Jake for PowerPoint help. We appreciate your help and the support. For those unable to attend, here is the YouTube link with the event <a href="#">recording</a>. <b>Red Ribbon Week:</b> 33 schools requested over 23,000 resources. Thank you to Terry, Jake and Kelsey for helping assemble resource bags. Festivities kick off next week. I am looking for a volunteer to help with a Natural High Booth at Mountain View High School during their lunches starting at 11:07AM and ending at 11:37AM. Brenda Willson helping with this task. There are 7 K9 Demos and 5 Natalie Marti presentations scheduled. Feedback for Natalie Meridian Medical Arts Charter High School, <i>“Feedback from students and staff was intense, heartwarming, and unbelievable. Several students thought this was going to be just another lecture until they realized that Natalie was the person this story was about; that is when everything hit home for many of us. It was validating for our students to realize just how many health professions were involved in Natalie’s recovery. I especially appreciated hearing how Natalie was able to forgive the man that killed her family.”</i> <b>Oktober Fest:</b> Meridian Chamber of Commerce event. MADC tagged along with the Meridian Police Department and provided prevention education to families and youth. Used the colored spin wheel which always attracts a crowd and had 243 conversations overall. <b>Owyhee HS Presentations:</b> On Monday and Tuesday this week (10/16 &amp; 10/17) I presented to 6 health classes (165 total students) at Owyhee HS. This was similar to what I have done in the past at Mountain View HS, the presentation consisted of the Discipline Vice Principle, Substance Abuse Counselor, SRO Allison and myself. Really enjoy these presentations because it gives students a better understanding of the school discipline and different ways the school can help with students struggling with substance use. I provide long-term risks of substance abuse/talk about coalition and then the SRO provides consequences from a law-enforcement perspective. I discuss the dangers of “dap pens” (marijuana e-cigarettes) and how taking a hit can cause seizures, vomiting, or extreme paranoia. The day after I presented (Wed 10/18) a student took a hit off a dap pen in the bathroom and had a medical emergency. <b>(Kati)</b> Would you be interested in discussing dap pens outside of Ada County? <b>(Hailey)</b> Absolutely. Send me an email. <b>(Zachary)</b> What happens in the school with discipline? <b>(Robert)</b> Part of the reason we have the conversation in the classroom is to explain there is two portions of discipline: school and law</p>



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		<p>enforcement and they are not the same. It is educating that there are two separate investigations going on when a student gets caught with a substance. <b>(Earl)</b> If you have a parent group you'd like us to talk too, we can do that. We have <a href="#">Parent Prevention Packets</a> and we can send that out. They come with a variety of different resources.</p>
<p><b>4:10</b></p>	<p><b>Danielle, Youth Serving SR</b></p> <p><b>Sydney, Youth SR:</b> Sticker Shock update</p> <p><del><b>David, Substance Abuse SR:</b> Behavioral Health Planning Council <i>absent</i></del></p> <p><del><b>Yoonwa/Kylee, School SRs</b> <i>absent</i></del></p> <p><del><b>Jake, Religious SR:</b> <u>2024 Neighborhood Grant</u> <i>absent</i></del></p> <p><b>Earl, Parent SR</b></p> <p><b>Kelsey, Media SR:</b> 20 Yr. Media Planning Meeting</p> <p><b>Robert, Law Enforcement SR</b></p> <p><b>Brenda, Healthcare SR</b></p>	<p><b>(Danielle)</b> No updates. Attended Recovery Breakfast that was amazing. <b>(Kendall)</b> Any Red Ribbon Weeks events at Imagine this year? <b>(Danielle)</b> Not this year. There were two students that passed away at Meridian High last week, one was medical related, one by suicide. Imagine is going to drop off some goodies to support Meridian HS staff.</p> <p><b>(Sydney)</b> Renaissance High School Honor Society is helping with the Sticker Shock Campaign on Monday 10/23 after school. We will be filming 15 second PSA during the Sticker Shock. I am also, coordinating with a company for the 20-Year Anniversary to possible sponsor materials for Parent Prevention Packets.</p> <p><b>(Kendall)</b> Anyone is welcome to come to the Sticker Shock Campaign, but there will be pictures and video being taken as well. <b>(Katie R.)</b> What is Sticker Shock? <b>(Kendall)</b> It is an annual campaign that provides liquor store brown bags with stickers that say "Ensure brighter futures, never provide alcohol to minors." Those bags will go out right before the holidays to promote not serving alcohol to minors.</p> <p><b>(David)</b> <i>absent</i>, Kendall provided updates. David is on the Behavioral Health Planning Council and is the Chair of the Planning Committee. These meetings are open to the public and are done in person and virtually. David is helping coordinate Drug Free Pledges on the guard campus for Red Ribbon Week.</p> <p><del><b>(Yoonwa/Kylee)</b> <i>absent</i>. Yoonwa is inquiring about adding MADC link on WASD website.</del></p> <p><b>(Jake)</b> <i>absent</i>. Kendall provided updates: Jake is with the Mayor's office and oversees Faith Ambassador's Council. MADC attended the Faith Leaders Luncheon which was a great event coming together with multiple faith-based organizations. The Neighborhood Grant Program 2024 is open. Visit <a href="https://meridianty.org/mayor-s-office/neighborhood-grant/">https://meridianty.org/mayor-s-office/neighborhood-grant/</a> for more information.</p> <p><b>(Earl)</b> Susie gave me some Red Ribbons for St. Ignatius Catholic School since they are participating in Red Ribbon Week.</p> <p><b>(Kelsey)</b> The Media Release for the Rx Take-back went out earlier this month. I will be taking pictures and video next week during Red Ribbon Week. Also working with two members of the city communications team for MADC's 20-year anniversary to help with AV.</p> <p><b>(Robert)</b> attended Recovery Celebration. Hailey and I will be doing more life skills classes at Mountain View HS, on 10/31 and 11/1. Similar to what we've done before.</p> <p><b>(Brenda)</b> We had first hybrid meeting for the Region 4 Behavior Health Board, and it was really successful. The admin support system is official. We are looking for people to join the Recovery and Wellness Subcommittee and the Youth Mental Health Subcommittee. The Youth Mental Health Subcommittee is mandatory for grant reporting, so it is crucial those spots get filled. If you are interested in any of those subcommittees please <a href="#">email</a> me. The Region 4 Behavioral Health Board will be able to offer mini grants</p>



	<p><b>Kati, Government SR: CATCH</b></p> <p>Kick! Your Cravings</p> <p>NAADAC</p> <p>Nic Sick</p> <p><b>Susie, Civic SR: Red Ribbon Week Resources, Kiki Camarena Award</b></p>	<p>again and once they are available I will provide more information. Brenda also would like more MADC brochures and Parent Prevention Packets. I also have the Idaho Fitness Gym Pass and Cabela’s gift-card the 20-year raffle. <b>(Kendall)</b> Can you elaborate on subcommittee requirements? <b>(Brenda)</b> There is not a time requirement for how long you must serve. We meet once a month and would be considered a chair member. You just need to be a member of Region 4 Behavioral Health Board to be on a subcommittee. Each subcommittee gets to choose when they meet, and it’s flexible. The main responsibility is bringing back information. <b>(Kendall)</b> What is the association to committee? <b>(Brenda)</b> Recovery and Wellness, Youth Mental Health Subcommittees. <b>(Robert)</b> Thoughts on High School students being on the subcommittee? <b>(Brenda)</b> Yes, as the president of the board, absolutely. There are board seats open and available. But if they are going to be on the board there needs to be participation. <b>(Kendall)</b> Grant funding is going to be available, do you know when? <b>(Brenda)</b> More information hopefully by November. <b>(Kendall)</b> The Region 4 Behavioral Health Board can be a great option for mini-grants.</p> <p><b>(Kati)</b> On September 25<sup>th</sup>, trained 19 Middle School Health Teachers in <b>CATCH My Breath (CMB)</b>. When I am rolling out the training, there is a lot of positive feedback and teachers like that CMB is constantly updated. All the MADC events I attended and the message and the community involvement, was a really great experience. Central District Health (CDH) is in the process of updating the <a href="#">“Kick Your Cravings”</a> website. CDH has been working with media partners and want to have different prevention resources when it comes to tobacco use and vaping. If you know of someone struggling, please send them to that website. Last week I attended a conference in Denver. It consisted of two days of sessions and three days of prevention core curriculum. The <a href="#">Prevention Technology Transfer Center (PTTC)</a> has free webinars on a variety of prevention topics. Conference sessions were interesting and touched a lot on Attachment Theory and the brain itself. If anyone would like slides or wants to discuss please let Kati know. PBS is creating a new <b>Nic Stick</b> Documentary this year, but PBS is still trying to promote the previous documentary. Kati teaches cessation and coping skills at Ada County Juvenile Detention Center every Friday and showed the juveniles the documentary and the feedback was not good. PBS is wanting to make the documentary a more accessible. Documentary will be shown at Mountain View HS for 9<sup>th</sup> and 11<sup>th</sup> graders and there will be panel discussion afterwards. It will be good for the students to discuss and ask questions.</p> <p><b>(Susie)</b> attended Recovery Breakfast. I have ribbons for Red Ribbon Week. If anyone would like some, let <a href="#">her</a> know. The Camarena Award nominations are getting closer. The current award winner is an SRO from Lake Hazel Middle School. <b>(Kati)</b> What is the Camarena award? <b>(Susie)</b> It’s a wonderful award that is given through the Elks. It’s a state award but can go national. It recognizes law enforcement and the good they do to combat drugs and alcohol. <a href="#">Enrique Camarena</a> was a DEA agent from 1985 and he is the reason we celebrate Red Ribbon Week. It’s because of his death that Red Ribbon Week was created. <b>(Kendall)</b> The</p>
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	<p><b>Anne, Business SR</b></p>	<p>Camarena award flyers went out to the 32 WASD schools that requested Red Ribbon Week resources so teacher can see those too.  <b>(Anne)</b> picked up coffee for and attended Recovery Celebration. Will have more updates after Nov 7<sup>th</sup>.</p>
<p><b>4:30</b></p>	<p><b>Kendall: TVYSS</b></p> <p>Public Safety Day 20 Yr.</p> <p>Flag Project</p> <p><b>Upcoming:</b> Sticker Event &amp; Mt. View NH Booth 10/23, Red Ribbon Week 10/23-31, Trunk-or-Treat 10/26, Rx Take-back 10/28, Boys &amp; Girls Club 11/8, Holy Apostles 11/13</p>	<p><b>(all) Impact statements for 20 Yr. Anniversary Celebration, “How has prevention impacted your life?”</b>  <b>Please email your statement to <a href="mailto:madc@meridiantcity.org">madc@meridiantcity.org</a> no later than Nov. 16<sup>th</sup>.</b> <b>(Kendall) Treasure Valley Youth Safety Summit</b> is an event we attend in partnership with the Mayor’s office. Natalie Marti came and spoke. There were 85 youth attendees. Kati helped at the event and it was good to see the prevention messaging from different perspectives. <b>Public Safety Day</b> is a fun event with lots of families and kids that want to hear the prevention messaging. MADC had a new volunteer help out, Debbie, and she did great. <b>MADC’s 20-Year Anniversary</b> is in January, T-shirts came in, thank you Scheels! We also received the donation from BSU for Spring basketball tickets and Fall football tickets. <b>(Sydney)</b> I also received the gift-card from Barre3, the Pilates studio in Eagle. <b>(Kendall)</b> Next thing, at minimum we are looking for CEC members to send a personal impact statement and what prevention means to you. Not a lot of people wanted to do an on-camera video and for audio reasons, we are going to create a slide that will contain personal impact statements written out and a photo headshot. <b>(Danielle)</b> Can we just send you a headshot? <b>(Kendall)</b> Definitely. Keep in mind for personal impact statements, please be legible or it can be typed. Through partnership with SRO team, there was a request from one of the charter schools for crosswalk flags. They do not have funding so we wanted to see if anyone is interested in putting these together? Reach out to <a href="#">Kendall</a> if interested. <b>(Kati)</b> In partnership with CATCH My Breath (CMB), we are putting on a <a href="#">Youth Vaping Parent and Guardian</a> Night at Boys and Girls Club on Nov. 8<sup>th</sup>. Kendall and Hailey taught CMB curriculum at Boys and Girls club to the 7<sup>th</sup> and 8<sup>th</sup> graders during the Summer. Kevin Stalker, the program director for Boys and Girls club, was on board with parent night. Kendall will be there with a paraphernalia table. The purpose of this event is to educate parents on the vaping epidemic. <b>(Kendall)</b> Trunk or Treat Thursday 10/26 and Rx Take-back Day Saturday 10/28 partnering with Republic services. Parent Education Night at Holy Apostles 11/13. <b>(Earl)</b> Do you have all the help with Trunk or Treat? <b>(Kendall)</b> We’d like to have one more volunteer. All volunteer slots are filled for other events.</p>
<p><b>4:50</b></p>	<p><b>Open Discussion:</b> community partner updates, feedback, etc.</p>	<p><b>Learning opportunities-</b> Interested in learning more about <a href="#">Chief Basterrechea</a> and <a href="#">Monte Stiles</a>? Check out their episodes on the podcast <a href="#">Reasons We Serve</a>.   New prevention resources from Natural High in time for Red Ribbon Week: <a href="#">Whiteboard Video Series – The Brain's Response to Natural and Artificial Highs</a>. <b>(Earl)</b> Guest speaker for our next meeting is Dr. Brett Bingham, who is a vet for Intermountain Pet Hospital. He is going to talk with us about Veterinary drugs and how we can protect ourselves and limit misuse. <b>(Kendall)</b> Josh, we would love to hear about how you heard about this MADC meeting? <b>(Josh)</b> I saw on Facebook, my dad was a law enforcement officer and taught DARE, love seeing how the coalition teaches young people, it is an important time. I wanted to come and get information and have different discussions with law enforcement. <b>(Kendall)</b> Thank you for being here. If you’d like we can sign</p>



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		<p>you up for the newsletter as well. <b>(Josh)</b> Sure. <b>(Kendall)</b> Zachary do you want to share about how you heard about MADC? <b>(Zachary)</b> I met Kendall at Meridian Mainstreet Market and decided to check out MADC and go to the meetings. I have family members that struggle with addiction and substance abuse. Family in California that enlighten me on cultural changes that promote drug use in our culture. Definitely a crisis and concerned for humanity, as a Believer, I understand there are a lot of people that this affects. <b>(Kendall)</b> As far as legislation, we are standing by for topics that are drug related, as we get closer and learn more, there may be opportunities to testify as a constituent.</p>
<p><b>5:00pm Meeting Adjourned   Next MADC Meetings: November 16<sup>th</sup> Executive Committee at 3PM, General Public at 4PM (We will have a guest speaker.)</b></p>		